

Workplace Warrior Woman To-Do-List



- Wake up & smile at yourself in the mirror.
- Go about your day with authentic feelings & emotions.
- Bad incident: Feel it. Kick it out of the window & out of your head space.
- Good incident: Rejoice & laugh with all your heart. Own it!
- Coworker looking down: Be a safe space for her/him to vent.
- Feel & express - it increases productivity.
- Shame tactics - don't go there girl!
- Support your coworkers - use your super powers for good.
- Be an unedited version of yourself.